

Herr

| Placering | Nummerlapp | Namn | Klubb/ort | Tid |
|-----------|------------|-----------------------|------------------------------|-------|
| 1 | 1 | Daniel Frantzich | Varberg Elite Runners | 35,11 |
| 2 | 5 | David Martinsson | Kungsäters IF | 36,56 |
| 3 | 2 | Pontus Berge | Tröingeberg | 38,50 |
| 4 | 39 | Niklas Selander | | 38,54 |
| 5 | 21 | Bengt Nilsson | MRPT Fgb | 38,55 |
| 6 | 4 | Peter Berggren | Halmstad OK | 39,27 |
| 7 | 11 | Jens Hedström | Falkenberg | 39,52 |
| 8 | 36 | Marcus Henriksson | Falkenbergs Outdoor Training | 39,57 |
| 9 | 26 | Joakim Carlsson | LK Tuppgök | 40,16 |
| 10 | 28 | Mattias Andersson | Tour de Mont Foucon | 40,36 |
| 11 | 35 | Ola Axheden | Falkenberg RR | 41,15 |
| 12 | 24 | Jesper Thuresson | Halmstad Garnison IF | 41,30 |
| 13 | 22 | Christoffer Yngvesson | Falkenberg | 42,23 |
| 14 | 14 | Stefan Böregård | Falkenberg | 42,41 |
| 15 | 6 | Krister Lindén | AtranVelo | 42,51 |
| 16 | 32 | Andreas Engebretsen | FOK | 43,00 |
| 17 | 33 | David Danker | Falkenberg | 43,04 |
| 18 | 31 | Patrik Bergman | GOLF Ginsten | 43,10 |
| 19 | 9 | Fredrik Angel | Falkenberg | 43,41 |
| 20 | 29 | Anders Sjööarv | OK Nackhe | 43,55 |
| 21 | 34 | Per Danker | Falkenberg | 44,07 |
| 22 | 30 | Stefan Engebretsen | Skrea IF | 44,53 |
| 23 | 27 | Markus Johansson | Varberg | 45,00 |
| 24 | 23 | David Hedlund | Falkenbergs RR | 45,12 |
| 25 | 12 | Mikael Larsson | Falkenberg | 45,59 |
| 26 | 37 | Eric Nilsson | IS Orion | 46,17 |
| 27 | 7 | Niklas Torstensson | Varberg | 46,31 |
| 28 | 20 | P-A Jacobsson | FBG Trailgrupp RUN | 46,33 |
| 29 | 10 | Claes Andersson | Falkenbergs OK | 46,41 |
| 30 | 18 | Niklas Johansson | Falkenberg Outdoor Training | 47,08 |
| 31 | 17 | Roger Sjunnesson | Falkenberg Outdoor Training | 47,14 |
| 32 | 3 | Marcus Andersson | Falkenberg | 47,31 |
| 33 | 16 | Sven Gustavsson | Falkenberg | 47,34 |
| 34 | 38 | Ronnie Andersson | Ullared Flädje GK | 47,40 |
| 35 | 13 | Viktor Torstensson | Torup | 47,46 |
| 36 | 8 | Stefan Tengvall | Gjuteriet Crossfit | 47,50 |
| 37 | 15 | Terje Sohlberg | Falkenberg | 50,22 |
| 38 | 19 | Henrik Gunnarsson | Vinberg | 51,24 |
| 39 | 25 | Viktor Johansson | Falkenberg | 56,30 |

Dam

| Placering | Nummerlapp | Namn | Klubb/ort | Tid |
|-----------|------------|------------------------|----------------------------|-----|
| 1 | 55 | Jonna Hedbys | Halmstad Triathleterna | 40 |
| 2 | 60 | Frida Bengtsson | LK Tuppgök | 43 |
| 3 | 54 | Catrine Gunnarsson | Falkenbergs RR | 44 |
| 4 | 57 | Hanna Hedlund | Falkenbergs RR | 44 |
| 5 | 59 | Anette Lundqvist | Falkenbergs RR | 45 |
| 6 | 62 | Malin Litsjö | FOT | 47 |
| 7 | 51 | Alexandra Hoff | Falkenbergs RR | 50 |
| 8 | 64 | Norna Lagerblad | FIK | 50 |
| 9 | 58 | Hanna Unosson | FOT | 52 |
| 10 | 63 | Catrine Borg | Falkenberg | 52 |
| 11 | 52 | Ann Willbrink | Falkenbergs Trailgrupp Run | 53 |
| 12 | 53 | Sara Dahlberg | Lonesome Runners | 55 |
| 13 | 61 | Hanne Atthage | FOT | 55 |
| 14 | 56 | Jennie Malmgren Ryberg | Falkenbergs OK | 56 |

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| Placering | Nummerlapp | Namn | Klubb/ort | Tid |
|-----------|------------|----------------------|------------------------------|-------|
| 1 | 104 | Bo Torstensson | Falkenberg | 36,44 |
| 2 | 120 | Senad Bahonjic | Falkenbergs RR | 38,51 |
| 3 | 110 | Stefan Håkansson | Halmstad OK | 38,57 |
| 4 | 113 | Jonas Ottosson | Fastarpz Runners | 38,58 |
| 5 | 123 | Stefan Pettersson | Falkenbergs RR | 40,05 |
| 6 | 117 | Håkan Nilsson | Falkenbergs RR | 41,26 |
| 7 | 116 | Håkan Andersson | Falkenbergs RR | 42,09 |
| 8 | 121 | Kenth Venöstrand | Fastaps Runnerz | 42,17 |
| 9 | 102 | Jörgen Olsson | Falkenberg | 42,32 |
| 10 | 107 | Stefan Rickardsson | IFK Halmstad | 42,46 |
| 11 | 122 | Jonny Josefsson | Falkenbergs CK | 42,59 |
| 12 | 108 | Christan Torstensson | Varberg | 43,30 |
| 13 | 129 | Roger Pettersson | Falkenbergs RR | 44,40 |
| 14 | 128 | Anders Lundgren | Herting | 45,05 |
| 15 | 101 | Fredrik Johansson | Tröingebergs TK | 45,06 |
| 16 | 130 | Stefan Lagerblad | LK Tuppgök | 45,43 |
| 17 | 103 | Andreas Bengtsson | Lonesome Runners | 46,44 |
| 18 | 115 | Stefan Gunnarsson | Eftra | 47,27 |
| 19 | 126 | Tom Strandberg | Falkenberg CK | 47,28 |
| 20 | 119 | Ingmar Malm | Falkenbergs RR | 47,32 |
| 21 | 127 | Robert Sandberg | Lonesome runners | 47,41 |
| 22 | 124 | Mikael Toldbod | Stoppa våldet | 47,44 |
| 23 | 118 | Thomas Borg | Falkenberg | 47,59 |
| 24 | 112 | Johan Andersson | Falkenbergs simklubb | 48,32 |
| 25 | 105 | Peter Hagström | Falkenbergs OK | 48,56 |
| 26 | 109 | Mikael Jason | Falkenberg | 50,52 |
| 27 | 106 | Peter Nilsson | FOK | 51,35 |
| 28 | 111 | Tobbe Josefsson | JJ:s Däck | 53,15 |
| 29 | 125 | Thomas Pettersson | Falkenberg Outdoor Traniners | 55,07 |
| 30 | 114 | Alve Torstensson | Falkenberg RR | 57,02 |

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| Placering | Nummerlapp | Namn | Klubb/ort | Tid |
|-----------|------------|--------------------|-----------------------------|-----|
| 1 | 155 | Maibrith Nilsson | Falkenbergs RR | 43 |
| 2 | 158 | Anette Ottosson | Falkenberg Outdoor Training | 47 |
| 3 | 157 | Ann-Sofie Brynéus | Halmstad | 48 |
| 4 | 159 | Carina Grimberg | FOT | 49 |
| 5 | 153 | Ann-Sofie Lönnberg | Training Academy | 49 |
| 6 | 152 | Karin Sivander | Training Academy | 50 |
| 7 | 160 | Karin Lagerblad | Falkenbergs RR | 50 |
| 8 | 151 | Anna Bodirosa | Falkenberg | 50 |
| 9 | 156 | Marika Falkek | Falkenberg | 54 |
| 10 | 154 | Gittan Andersson | Falkenberg | 61 |
| 11 | 162 | Anna Åsälv | Falkenberg | 61 |
| 12 | 161 | Eva Gunnarsson | Falkenbergs RR | 71 |

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| Placering | Nummerlapp | Namn | Klubb/ort | Tid |
|-----------|------------|--------------------|--------------------------|-----|
| 1 | 155 | Maibrith Nilsson | Falkenbergs RR | 43 |
| 2 | 158 | Anette Ottosson | Falkenberg Outdoor Trail | 47 |
| 3 | 157 | Ann-Sofie Brynéus | Halmstad | 48 |
| 4 | 159 | Carina Grimberg | FOT | 49 |
| 5 | 153 | Ann-Sofie Lönnberg | Training Academy | 49 |
| 6 | 152 | Karin Sivander | Training Academy | 50 |
| 7 | 160 | Karin Lagerblad | Falkenbergs RR | 50 |
| 8 | 151 | Anna Bodirosa | Falkenberg | 50 |
| 9 | 156 | Marika Falkek | Falkenberg | 54 |
| 10 | 154 | Gittan Andersson | Falkenberg | 61 |
| 11 | 162 | Anna Åsälv | Falkenberg | 61 |
| 12 | 161 | Eva Gunnarsson | Falkenbergs RR | |